

Middle Tennessee Service Providers				
		<p><i>This list is to be used as a resource only; you or your families may prefer other providers. Encourage parents to research different professionals before making their own decision.</i></p>		
Category	Name	Services Offered	Phone #	Website (If Found)
Abuse & Neglect	DCS	Child Abuse & Neglect Reporting Hotline	877-237-0004	https://www.tn.gov/dcs/program-areas/child-safety/reporting/child-abuse.html#:~:text=Report%20Child%20Abuse%3A%20877%2D237%2D0004,-In%20Case%20of&text=Call%20the%20Child%20Abuse%20Hotline,in%20the%20State%20of%20Tennessee,
Domestic Violence	Family Safety Center	Domestic Violence, safety planning, orders of protection, counseling, crisis intervention, shelter, emergency food, children's services, support groups	615-880-1100	https://ofs.nashville.gov/family-safety-center/
Domestic Violence	FAST Unit	Domestic Violence Unit of Metro Nashville Police	615-880-3000, 615-862-7773	https://www.nashville.gov/Police-Department/Investigative-Services/Domestic-Violence.aspx
Domestic Violence	YWCA Domestic Violence Shelter	Crisis and support line, emergency shelter, adult and children's counseling, financial education, support groups, career counseling	1-800-334-4628 or TEXT 615-983-5170	www.ywcanashville.com/what-we-do/dv-services
Eating Disorders	Deb Leinart	LPC/MHSP, addictions, eating disorders, trauma	615-866-7115	https://nashvillepsychotherapyinstitute.org/mw-opendirectory-ordlnm/#/biz/id/60903e0d4af5e1292303acd0
Eating Disorders	Inegrative Life Center	Substance use, Eating Disorders, and Dual Diagnosis, Intensive outpatient, support groups, residential program	615-891-2226	integrativelifecenter.com
Eating Disorders	Kati Lohr	LPC/MHSP, adventure-based, families, addiction	615-483-3449	https://sync.health/about-synchronous
Eating Disorders	Nan Allison	RN, Nutritionist	615-861-9146	nanallison.com
Eating Disorders	Renewed (Eating Disorders Coalition of TN)	Support groups, peer mentors, art therapy, music therapy	615-831-9838	renewedsupport.org
Eating Disorders	Renfrew Center	Outpatient, residential, intensive outpatient, day treatment, inpatient, nutrition	800-RENFREW (736-9739)	renfrewcenter.com
Educational Consultants	EduPlanners	Brenda Loring	615-330-4166	eduplanners.com
Educational Testing & Eval	Dr. John Fite	PhD, Educational Testing, Individual & Group counseling, EMDR, Brainspotting, Hypnosis, Substance Use and Addictions	615-337-6975	drjohnfite.com
Educational Testing & Eval	Gregg/Chandler & Associates	Educational Testing and evaluation	615-298-5801	psychoeducationalevaluation.com
Educational Testing & Eval	Nashville Psychological Assessment & Learning	School Testing, Social Skills Group, Evening and weekend appointments, educational consultation, parent training	615-988-0194	nashvilleassessment.com
Educational Tutors	Learning Lab	Math, reading, assessment	615-377-2929	mylearnlab.com
Educational Tutors	The Carraway Center for Teaching and Learning	Develops specific learning strategies based on cognitive neuroscience research	615-279-9376	https://www.carrawaycenter.com/
Educational Tutors	Thrive Tutoring	Private tutoring, test prep, college and career counseling	615-398-1171	thrivetutoring.org
Family Services	Family & Children's Service	Sliding fee and no-cost counseling, services for families receiving TANF, suicide survivors group, 24-hour crisis line	English: 615-320-0591 or 615-244-7444 (CRISIS Line) Spanish: 615-269-6900	fcsnashville.org
Family Services	Nashville Family Wellness	Offering high-quality, multidisciplinary, collaborative assessment and treatment for children, adolescents, adults, and families.	615-238-9100	https://www.nashvillefamilywellness.com/
Family Services	Family Center	Parenting classes and groups, Family Coaching	615-333-2644 (Nashville): 615-890-4673 (Murfreesboro)	familycentertn.org
Hospice	Alive Hospice	Hospice, Grief counseling	Grief Line: 615-963-4732 General Info: 615-327-1085	alivehospice.org
Mental Health	Insight Counseling Centers (previously Pastoral Counseling Centers of Tennessee)	Counseling, accepts some insurance, sliding fee scale, locations in Nashville, Brentwood, Clarksville, Donelson, Franklin, Hendersonville, and Murfreesboro, Call intake line and they will schedule for all locations	615-383-2115	insightcounselingcenters.org
Mental Health	Mental Health Cooperative	Therapy, Psychiatry (Child, Adolescent, & Adult), Case Management, First episode psychosis program, 24-hour mental health crisis screening and assessment, school-based therapy, mobile crisis response, accepts Medicaid, sliding fee scale	615-726-3340 Mobile Crisis Line: 615-726-0125	mhc-tn.org
Mental Health	Mobile Crisis Davidson County	See Mental Health Cooperative		
Mental Health	Refuge Center	Counseling, faith-based, sliding fee scale	615-591-5262	refugecenter.org

Mental Health	TN Voices for Children	System of care, wraparound services, counseling	615-269-7751; 800-670-9882	tnvoices.org
Mental Health	Vanderbilt Behavioral Health	Counseling, school-based counseling, psychiatric services (Child, Adolescent, & Adult)	615-327-7000	www.vanderbilthealth.com/psychiatrichospital
Misc.	211	Basic food, shelter, medical needs, utilities, transportation, legal, mental health, addictions, medical, employment, training, education, DV, holiday programs	800-318-9335	tn211.mycommunitypt.com
Neuropsych Testing	Nashville Neuropsychology & Family Services	Children and adolescents, testing, neurodevelopmental testing, counseling	615-933-3571	nashvilleneuropsychology.com
Neuropsych Testing	Roof & Associates	Neuropsychiatry, children, adolescents, and adults, Franklin, PhD	615-778-9978	roofandassociates.com
Nurse/ Nurse Practitioners	Brandon Teeftaller	APN, ADHD, Addiction	615-320-1155	athena-nashville.com/portfolio-item/brandon-teeftaller
Nurse/ Nurse Practitioners	Julie Caldwell	FNP, Frist Clinic	615-342-5900	https://tristarmedgroup.com/physicians/profile/Julie-Caldwell-DNP
Nurse/ Nurse Practitioners	Reba Sloan	RN, Nutritionist, youth	615-385-1835	rebasloannutrition.com
Psychiatric Hospital	Parthenon Pavillion	Adult, senior adults, outpatient services, art therapy, exercise physiology, mindfulness	615-342-1450	tristarparthenonpavilion.com
Psychiatric Hospital	Rolling Hills	Adolescent, Adult, Adult dual diagnosis, Franklin	615-807-4059	rollinghillshospital.org
Psychiatric Hospital	Vanderbilt Behavioral Health	Inpatient child, adolescent, and adult treatment, partial hospitalization	615-327-7000	www.vanderbilthealth.com/psychiatrichospital
Psychiatrists	Mercy Community Healthcare	MD, Child/Adolescent	Mercy Children's Clinic: 615-790-0567 (Franklin); 615-814-3400 (Lewisburg)	https://mercytn.org/
Psychiatrists	Dr. Carol Hersch	MD	615-463-7883	
Psychiatrists	Dr. Craig Clark	MD	629-203-6779	www.drclarknpa.com
Psychiatrists	Dr. Gil Raulston	MD	615-342-5850	
Psychiatrists	Dr. Hal Schofield	MD	615-460-0001	
Psychiatrists	Dr. Jack Koch	MD, Child/Adolescent	615-269-0525; 615-515-7775	http://drjackkoch.com/Welcome.html
Psychiatrists	Dr. Jeri Fitzpatrick	MD, Child/Adolescent	615-269-4557	
Psychiatrists	Dr. Linda Lundin	MD, Child/Adolescent	615-915-1417	
Psychiatrists	Dr. Reena Camoens	MD, Catholic	615-875-5111	
Psychiatrists	Dr. Richard Rochester	MD, Depression, Adult ADHD	615-373-5205	tmsbrentwood.com
Psychiatrists	Dr. Sarah Aylor	MD, Adult	615-321-8933	
Psychiatrists	Dr. Shannon Little	MD, Hendersonville	615-822-4099	
Psychiatrists	Dr. Steve Snow	MD, Child/Adolescent	615-269-4557	
Psychiatrists	Dr. Veda Biliyar	MD, Child/Adolescent, accepts TennCare	615-386-3333	
Psychologists	Dr. David Elkins	PhD, ADHD	615-327-1153	brentwoodcounseling.com
Psychologists	Dr. Jay Woodman	PhD, Catholic, accepts TennCare, accepts Medicare	615-386-3333	
Psychologists	Dr. John Fite	PhD, Educational Testing, Individual & Group counseling, EMDR, Brainspotting, Hypnosis, Substance Use and Addictions	615-337-6975	drjohnfite.com
Psychologists	Dr. Pete Harris	PhD, spirituality, recovery	615-279-3663	
Psychologists	Dr. Terry Huff	PhD, couples/family re: ADHD	615-627-4191	terrymhuff.com
Psychologists	Zenith Counseling & Psychological Services	Testing & Evaluation, ADHD, Depression, Veterans, Children & Adults, VRET, Cogmed, Sliding Fee Scale, Accepts insurance, Accepts TennCare	615-744-9683	zenithconsultingservices.com
Sex Therapy	Angela Landry	LMFT, CST, EMDR	615-852-5192	http://www.restorationcounselingtn.com/counseling-about-us
Sex Therapy	Brock Searcy	LPC, CST, trauma, EMDR, TF-CBT, Geriatric Sexuality	615-283-0746	http://brocksearcy.com/
Sex Therapy	David Yarian	PhD, Music Row area, AASECT	615-298-4559	davidyarian.com
Sex Therapy	Sarah Bollinger	PhD, LCSW, EMDR, Sliding Fee Scale	615-988-0122	http://drsarahbollinger.com/
Sex Therapy	Steven Davidson	LCSW, PhD in Human Sexuality	615-516-9806	https://drstevendavidson.com/
Sexual Abuse	Sexual Assault Center	Therapy, crisis and support line	615-259-9055 Crisis Line 866-811-7473	sacenter.org
Substance Use Counseling	Centerstone	Substance use counseling, accepts TennCare and insurance	877-467-3123	centerstone.org/programs/substance-use-treatment/
Substance Use Counseling	Cumberland Heights	Inpatient & Outpatient substance use counseling, serves adolescent males and adult males and females, multiple locations including Clarksville, Cool Springs, Hermitage, Mt. Juliet, Mufreesboro, Nashville, and Spring Hill	615-356-2700	www.cumberlandheights.org
Substance Use Counseling	Dr. Tim Lynch	PhD, Sumner County	615-504-4357	https://www.timlynchphd.com/
Substance Use Counseling	Inegrative Life Center	Substance use, Eating Disorders, and Dual Diagnosis, Intensive outpatient, support groups, residential program	615-891-2226	integrativelifecenter.com
Substance Use Counseling	Jeff Morgan	LMFT, CSAT, CMAT, multiple addictions, sex addiction	615-569-7322	www.jeffmorgantherapist.com

Substance Use Counseling	Journey Pure	Substance use counseling. Murfreesboro location offers inpatient & outpatient, Nashville location offers outpatient only.	800-311-1677	journeypure.com
Substance Use Counseling	Karen Moran	LADAC, Bellevue	615-308-9385	https://karenmorancounseling.com/
Substance Use Counseling	The Next Door	Substance Use counseling for women, partial hospitalization, medically monitored detox, residential, outpatient	Call: 855-863-4673 Text: 615-243-1650	thenextdoor.org/addiction-treatment
Substance Use Inpatient	Cumberland Heights	Inpatient & Outpatient substance use counseling, serves adolescent males and adult males and females, multiple locations including Clarksville, Cool Springs, Hermitage, Mt. Juliet, Murfreesboro, Nashville, and Spring Hill	615-352-1757; 615-356-2700; 800-646-9998	www.cumberlandheights.org
Substance Use Inpatient	Discovery Place	Men's Inpatient substance use counseling, short- term and long-term	800-725-0922	discoveryplace.info
Substance Use Inpatient	Freeman Recovery Center	Inpatient & Outpatient substance use counseling, Medically Monitored Detox, Separate men's and women's facilities	615-645-1141	freemanrecoverycenter.com
Substance Use Inpatient	Journey Pure	Substance use counseling. Murfreesboro location offers inpatient & outpatient, Nashville location offers outpatient only.	800-311-1677	journeypure.com
Substance Use Inpatient	Mending Hearts	Inpatient Substance Use for women experiencing homelessness due to addiction	866-416-1909	mendingheartssinc.org
Substance Use Inpatient	The Next Door	Substance Use counseling for women, partial hospitalization, medically monitored detox, residential, outpatient	Call: 855-863-4673 Text: 615-243-1650	thenextdoor.org/addiction-treatment
Substance Use Inpatient	The Ranch	Dual Diagnosis, Mental Health, Substance Use, adults	888-896-9733	recoveryranchrehabtn.com
Suicide	National Suicide Prevention Lifeline	24-hour suicide hotline via phone or internet chat	800-273-TALK (8255)	suicidepreventionlifeline.org
Support Groups	ADDNashville	Adult ADD/ADHD, Meets 1st and 3rd Mondays at Brentwood United Methodist Church, free,	sara@skillsetorganizing.com	terrymhuff.com/support-group
Support Groups	Al-Anon and Alateen	Family members of those who struggle with alcoholism, Groups for teens	615-333-6066	middletnalanon.org
Support Groups	Alcoholics Anonymous	Alcohol addiction	615-831-1050	aanashville.org
Support Groups	Alive Hospice	Grief Support	Grief Line: 615-963-4732 General Info: 615-327-1085	alivehospice.org
Support Groups	Alzheimer's Association	Early stage, caregiver, younger onset, and traditional groups	800-272-3900	www.alz.org/events/event_search?etid=2&cid=0
Support Groups	Compassionate Friends	Support for families whos children have died	877-969-0010; email: tcfnashville@yahoo.com	https://www.compassionatefriends.org/
Support Groups	Narcotics Anonymous	Narcotics Addiction	888-476-2482	nanashville.org
Support Groups	Overeaters Anonymous	Eating compulsions, Overeating	615-669-7078	oanashville.org
Support Groups	Renewed (Eating Disorders Coalition of TN)	Eating disorders	615-831-9838	renewedsupport.org
Support Groups	S-Anon	For individuals affected by someone else's sexual addiction and behaviors	800-210-8141	sanon.org
Support Groups	Sex Addicts Anonymous	Sexual Addiction	713-869-4902	saa-recovery.org
Therapists	Christina Culpepper	LMFT, flexible fees, Mount Juliet	615-481-0555	http://www.culpeppercounseling.com/
Therapists	Dean Porterfield	LPC, Adolescent, Young Adult, Mens Issues, Sliding scale	615-604-2398	https://www.dolifetherapy.com/
Therapists	Deb Leinart	LPC, addictions, eating disorders, trauma	615-866-7115	
Therapists	Harrison Taylor	LCSW, relationships, grief, spirituality, Saturday hours available, groups, EMDR, psychodrama	615-239-0015	http://www.harrisonhtaylor.com/Welcome.html
Therapists	Harvey Therapy	Don Harvey (PhD) and Jan Harvey (LMFT), marriage and couples counseling, conjoint counseling, divorce, pre-marital	615-376-4818	harveytherapy.com
Therapists	Jan Clifton	LCSW, Trauma, PTSD, adoption, parenting, parenting, complex trauma, attachment, sliding scale	615-490-0420	https://www.psychologytoday.com/us/therapists/jan-clifton-nashville-tn/333230
Therapists	Jeff Morgan	LMFT, CSAT, CMAT, sex-addiction, addictions, couples	615-569-7322	jeffmorgantherapist.com
Therapists	Jim Schliecher	LMFT, LPC, Mdiv, marriage counseling, adolescents, parent issues	615-298-4808	jimschleicher.com
Therapists	Kati Lohr	LPC, families, addiction, EMDR	None Given	https://sync.health/about-synchronous
Therapists	Katie Viet	LCSW, Depression, Anxiety, Adolescents, Adults	Email: katieveitsymmetry@gmail.com	www.symmetry-counseling.com
Therapists	Laura Newton	LMFT, Eating disorders	615-383-1171	
Therapists	Lisa McGovern	LCSW, marital and premarital counseling, trauma, PTSD, relationships, Imago Relationship Therapist, EMDR	615-478-8438	https://www.imagorelationshipswork.com/user/elizabeth-lisa-mcgovern
Therapists	Lizzie Harrigan	LCSW, DBT, Substance Use, Trauma, Stress	615-266-3181	https://talktobrighthorse.com/
Therapists	Paris Goodyear-Brown	LCSW, RPT-S, Play Therapy, Attachment, TBRI, Trauma	615-656-0232	nurturehouse.org
Therapists	Peggy Beasley	LPC, Murfreesboro, Addiction, Abuse, Trauma	615-205-3668	https://www.psychologytoday.com/us/therapists/beasley-counseling-services-murfreesboro-tn/37571/

Therapists	Rebekah Land	LPC, LMFT, LC, sexual dysfunction/couples, Brentwood	615-376-4818	https://www.healthcare4ppl.com/physician/tennessee/brentwood/rebekah-r-land-1255345385.html
Therapists	Southeast Psych	Individual, couples, group, and family therapy	615-373-9955	https://southeastpsychnashville.com/?gclid=CiwKCAjwhaaKBhBcEiwA8acsHEA8tsiYSC8E0gRfygcxhyutRl36xEIPhkiI6kt25Ydoz-DhqmipnRoClewQAvD_BwE
Therapists	Rebekah Walker	LCSW, grief, loss, spiritual growth, family therapy, parenting support	615-712-8899	rebekahwalkertherapist.com
Therapists	Thom Rutledge	LCSW, addictions, eating disorders, couples	Email: thomrutledgeauthor@gmail.com	thomrutledge.com
Youth Services	Oasis Center	Programs for youth including counseling, emergency shelter, education and training, homeless services, and 24-hour crisis line	615-327-4455	oasiscenter.org